

## **ANAL FISSURE SURGERY**

- Anal Fissure is a crack in the anal skin usually due to excessive stretching and straining. Other serious causes needs to be excluded.

### **Options**

- **Anal Fissurectomy:** Removal of the fibrosed edges of a chronic fissure to make them fresh to allow for healing.
- **Nonsurgical option:** Sitz baths, laxatives, local hygiene and diet modification.

### **Benefits of the operation**

Associated symptoms of pain and bleeding are relieved. Surgery is a quick way to get rid of it.

### **Risks of not having an operation**

Continuing symptoms may need to be tolerated while conservative management is carried out.

### **Possible risks of the operation**

Urinary retention, bleeding, constipation and difficult defecation.

### **Expectations of the operation**

Going home is in usually in the same day. Staying longer may be needed when there are complications.

### **Call the Surgeon**

If there is severe pain, significant bleeding, urinary retention and fecal incontinence.

A handwritten signature in black ink, appearing to read 'Zaid'.

**Dr Zaid Z. Al-Eshaiker**

MB ChB, MD, FICMS/GS

**SPECIALIST GENERAL SURGEON**

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