



## MEDICATIONS

Your medications may have to be adjusted before your operation. Some medication can affect your recovery and response to anesthesia.

### Medications

They include:

1. Any prescription medications.
2. Over-the-counter (OTC) medications (such as aspirin or Tylenol).
3. Herbs, vitamins, and supplements.
4. Alcohol, tobacco and recreational drugs.

### Periop Medication Cessation

1. Stop vitamins, herbs and diet supplements 10-14 days before the operation and return to them after 7 days postop.
2. Daily medications can be taken on the day of the operation with a sip of water.
3. There is a special plan of insulin regimes during operation.
4. Blood thinning medications needs to be stopped 7 days before your operation. They are to be restarted accordingly.

### Blood Thinning Medications

1. Antiplatelet Medication: aspirin, clopidogrel (Plavix), dipyridamole (Persantine), ticlopidine (Ticlid).
2. Anticoagulant Medication: enoxaparin, heparin, warfarin.
3. Nonsteroidal Anti-Inflammatory Drugs: Celebrex, diclofenac (Voltaren), Ibuprofen (Profen), indomethacin (Indocin), ketorolac (Toradol), Meloxicam (Mobic), naproxen.
4. Herbs/Vitamins: cumin, evening primrose oil, feverfew, garlic, ginger, ginkgo biloba, ginseng, grape seed extract, omega 3 fatty acids, onion extract, St. John's wort, tumeric, vitamins C and E.

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